

## HI Covid19 weekly digest (29 May 20)

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HI Covid-19 Response thought it would be useful to pull together some of the recent news about how our community is emerging from the lockdown. We'll do this weekly and would appreciate any feedback.

But before we get into the detail a big thank you to the shops and takeaways that are already open and to everyone in our community who's using them and showing such great self discipline in sticking to the social distancing rules. Please remember that some of these businesses have taken and are continuing to take an economic battering so give them all the support that you can.

- the King Bill is reintroducing its popular food stalls. Pizza Mondo will be with them for Saturdays every week for now. Pimp my Fish will be with them Fri 5th and 22nd June and Guerilla Kitchen Fri 12th and 29th June. It's all pre order on 01223 233930. There's no beer takeaways yet but hopefully soon.
- the Geographer (01223 233228) is reopening its delicatessen 2 Jun 20 for 'shopping, take-out coffee and cake'
- sport is restarting at the Rec. The tennis (histontennisclub@gmail.com), cricket (01223 233861) and bowls (01223 232956) clubs are managing access to their facilities and bookings should be made through them. If you're not a member but want to get some exercise then join up now!
- Milton Country park is open (thanks to South Cambs for making that possible).
- Kitchensmiths (01223 236456) kitchen shop on Station Road is reopening 1 Jun 20. You can book appointments on-line.

Finally a couple of key messages to keep in mind

- ✓ stay alert and look out for people who may find it difficult during these times. People do get depressed and worse and often don't ask for help. Show a helping hand and be kind. If appropriate contact the HI Friends mental health hotline on 01223 320420; and
- ✓ we are very fortunate in Histon & Impington in having a very low level of infection and being so well-served by our shops and services. The lockdown is not over so please continue to follow the rules. Social distancing is still vitally important